

NAME:

CLASS:

DATE:

Nutrition Research: Making a Meal

Please use the web based menus to create one meal that you might eat while at your favorite fast food restaurant. Fill in all information that you can find.

Restaurant: _____

FOOD ITEM	INGREDIENTS	CALORIES	GRAMS OF FAT	SUGARS (Carbohydrates)	PROTEIN	OTHER NUTRIENTS (Vitamins, etc.)	COST
TOTALS							